

EXCELLENT CAREER SOLUTION

Principles to live Healthy and Successful Life

1. Gives values to relations rather than money.

As money may come back but the relation once gone can never come back. atleast try to resume your relation till the conditions goes out of your hand.

2. Give and Take respect.

Give values to respect and dignity. So give respect others and get the same from others. Be polite with everyone but it does not mean to let anyone to harm you and your self respect.

3. Set your own Goal and focus or concentrate on your goal.

Never feel jealous from someone else. Jealous only comes when you don't have your own goal, then you target at the other's goal and trying to get that -the other's goal, without doing anything.

Just remember and work for concentrating on your own goal, instead of looking the surrounding people.

4. Don't waste time while pushing other's down.

Don't try to harm others or push others and let your time goes out of your hand, as time once gone, can never come back.

5. Maintain balance between mind & heart.

Listen to your heart and don't let other's to come and describe you - what you have to do. So just listen to your heart and do what you feel right.

6. Be an independent person and determine yourself the rights & wrongs.

Don't discuss your problems with everybody and if you want, then discuss it only with the person you can rely the most. e.g.- Parents, Teachers, the best friend etc. Try to be an independent on your own.

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7. Always be Positive, motivated and encouraged with full potent & energy.

Make a good circle surrounds you and never sit or listen the person discourage you and when you feel troubled and low energetic then do the things which boost your mind and make you feel fresh instead of thinking the negative. So think positive and never let negative feelings to trap you & your life.

8. Get a healthy Diet and Life style.

Eat healthy food and do some workouts regularly so to stay healthy, young and happy.

9. Be relaxed

Don't worry or don't take Stress and Tension too much to make you dump.

10. Hard-work pays you.

It is a time of smart work, but remember, only smart work cannot gives you the real success or helps you to achieve your real goal. It may work for sometime but not always. But Hard-work pays you success always. It may not be at the initial stage of work but later & after, at every stage.